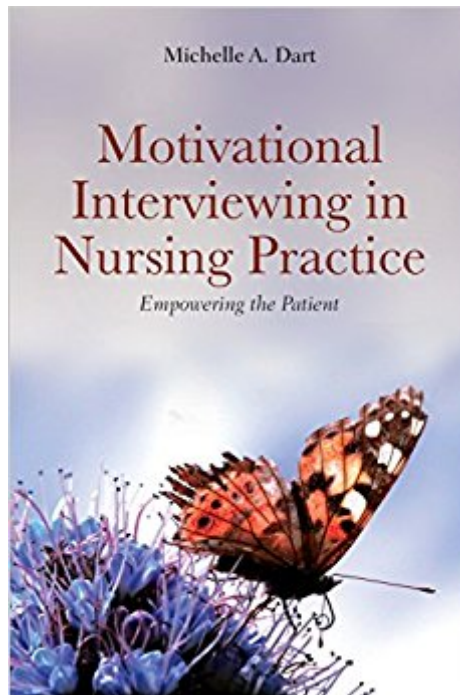




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Motivational Interviewing In Nursing Practice: Empowering The Patient



Synopsis

Motivational Interviewing in Nursing Practice: Empowering the Patient is a guide to learning Motivational Interviewing, a set of skills that utilizes therapeutic communication to promote behavior change. This text provides unique tools for nurses to implement and help patients take responsibility in their own health care, make informed decisions and provide guidance toward healthy behavior change, leading to improved health of our communities and country. This unique reference contains diagrams, tables, and case studies throughout to offer a better understanding of how to utilize the skills in daily practice. Clear objectives are at the beginning of each chapter and key points to remember are included at the end of each chapter. The skills learned will help nurses to accomplish the many healthcare goals and empower their patients through communication.

Book Information

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Customer Reviews

Gave clear explanations and ideas for integrating MI into any curriculum

very helpful in helping patients identify their own health related goals. I work in public health so this book is not as relevant as I had hoped, but it is still a recommended resource.

Motivational interviewing is the hot thing right now in health care. I've seen a lot of titles out there for different specialties, same techniques, different audience. They should teach this to teachers! LOL!

This is a great way to look at things from a patient perspective. It helps you think through what a patient may be thinking or feeling and really helps to break down walls to get patients to understand why their health is important and how they can play a role in the outcome of their health.

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